

**WAYNE COMMUNITY COLLEGE  
WELLNESS PROGRAM**

**2003/2004 Wellness Report  
2004/2005 Proposed Wellness Program**

Submitted by:

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Wellness Nurse

**WAYNE COMMUNITY COLLEGE  
WELLNESS PROGRAM**

**2003/2004 WELLNESS REPORT**

During the 2003/2004 academic year, the wellness nurse spent an average of 8 hours a month on-site providing wellness programs/screenings and blood pressure clinics to faculty and staff members. In addition, a Wellness Day Health Fair was provided for students, faculty, and staff. Statistics on the program are listed below:

| Month         | Program/Screening                      | Contacts   | MD Referrals |
|---------------|--|------------|--------------|
| August        | Vision Screening                       | 33         | 9            |
|               | Bloodborne Pathogens Training          | 62         | 0            |
| September     | Cardiac Risk Labs                      | 65         | 0            |
| October       | Cardiac Risk Lab Results               | 65         | 16           |
| November      | Flu Shots                              | 90         | 0            |
|               | Hepatitis B Education                  | 3          | 0            |
|               | Hepatitis B Vaccines                   | 3          | 0            |
| December      | Tuberculin Skin Tests                  | 7          | 0            |
|               | Hepatitis B Vaccines                   | 5          | 0            |
|               | Hepatitis B Education                  | 2          | 0            |
|               | Blood Pressure Screens                 | 15         | 0            |
| January       | No Program                             | --         | --           |
| February      | Nutrition Education and Cardiac Health | 24         | 0            |
| March         | Body Compositions                      | 23         | 0            |
| April         | Health Fair                            | 379        | 36           |
| May           | Allergies                              | 12         | 0            |
|               | Hepatitis B Vaccines                   | 3          | 0            |
| June          | Hepatitis B Vaccines                   | 3          | 0            |
| <b>TOTALS</b> |  | <b>794</b> | <b>61</b>    |

## **GENERAL COMMENTS**

The Wayne Community College wellness program has continued to grow during the 2003/2004 academic year. The nurse spent an average of 8 hours a month onsite. Occupational health programs provided were: annual bloodborne pathogens training, hepatitis B vaccines, and tuberculosis screening.

It has been a pleasure serving the occupational health and wellness needs of the Wayne Community College faculty and staff. I look forward to working with them during the upcoming school year. A proposal to increase the nursing service to 16 hours a week is awaiting state budget approval. Please review the attached 2004/2005 program schedule and notify me of any changes needed.

Best wishes for a safe and healthy summer!

# Wayne Community College Health Fair Proposal

June 2004

|      |   |            |
|------|---|------------|
| I.   | Health Promotion Staffing   |            |
|      | 1 Registered Nurse, 7 hours \$33/hour   | \$231.00   |
|      | 8 Registered Nurses, 4.5 hours each @ \$33/hour<br>(1 hour set-up/breakdown, 3.5 hours at fair) | \$1188.00  |
| II.  | Planning  |            |
|      | 1 Registered Nurse, 20 hours @ \$33/hour  | \$660.00   |
|      | 1 Extra Staff Support, 2 hours @ \$16/hour  | \$ 32.00   |
| III. | Extra Staffing  |            |
|      | Registered Dieticians   |            |
|      | Dental Hygienist  |            |
|      | Glaucoma Nurse  |            |
|      | Physical Therapist  |            |
|      | Chiropractor  |            |
|      | Massage Therapists  |            |
|      | American Red Cross Representatives  |            |
|      | Carolina Donor Services (Organ Donation)  |            |
| IV.  | Materials   |            |
|      | Tablecloths, balloons, pamphlets, banners   | \$200.00   |
| V.   | Food  |            |
|      | Apples, pears, bananas, oranges<br>\$100.00   |            |
| VI.  | Screenings  |            |
|      | Cholesterol, 75 @ \$7.00  | \$525.00   |
|      | Diabetes, 75 @ \$4.00   | \$300.00   |
|      | Body Fat Analysis, 50@ \$5.00   | \$300.00   |
|      | Glaucoma  | No Charge  |
|      | Vision  | No Charge  |
|      | Blood Pressure  | No Charge  |
|      | <br>*Other Screenings (Skin Cancer, Podiatry, Hearing)<br>Separately                            | <br>Billed |

**TOTAL:       \$3,536.00**

\* Dermatologist: \$150/hour

Eastern Associates Speech & Language Services: \$43/hour for audiograms